

EMIL BØ



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education

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| 2024-2026 | Norwegian university of nature and science Master in Jazz |
| 2021-2024 | Norwegian university of nature and science Jazz bachelor |
| 2020-2021 | Norwegian Academy of Music, Jazzdepartment |
| 2019-2020 | Sund Folk Highschool, Jazzdepartment |

main projects

YggJazzill

YggJazzill is a new quartet made for Artist in Residence - Trondheim Jazzorchestra under Molde Jazzfestival 2025. The quartet consists of Maja SK. Ratkje, Signe Emmeluth, Ole Morten Vågan and Emil Bø. We play uncompromised free improvisation / free jazz with a high level of energy.

NOT NORMAL

NOT NORMAL is inspired by the absurdities of everyday life and all sorts of strange expectations about what should be considered normal. Bø has gathered a group of extremely talented musicians who will interpret the music based on a blend of graphic scores, where traditional riffs open up possibilities for explosive and expressive melodies.

ükya

ükya trio works in the field of improvised and open form music. Their own combination of rasping brass, stretched strings and singing bronze make way for an idiosyncratic expression within the expressive improv scene.

KRISE

KRISE's expression has its beginnings in microtonal studies - The ensemble ventures into new territories by mixing intonation, microtonality, rock club vibes and Norwegian folk music in an innovative way, resulting in a fascinating and engaging listening experience. Experimenting with ideas from Ben Johnston, Harry Partch and Eivind Groven, they aim to foster a more complex yet captivating musical journey.

Myth and Logic

Myth and logic is a new quintet with music made by Jawaad Taylor from Huston for Ingebrigt Håker Flaten, Peder Stuberg, Jawaad Taylor and Emil Bø. The record will be released late 2025.

Accept It

Accept It is an experimental free jazz quartet. The band plays a combination of freely improvised music and compositions with dogme concepts.

Aer/Bø/Nilssen-Love

This trio started up in 2023 and did just record the first record. The record will be released in 2025 on PNL Records. This trio is a highly ekspressiv and intens free jazz trio.

LEAH

LEAH is a pop band based in Oslo. The music is made by Leah Engevoold, the main singer, and the music is a mix between pop and modern jazz music.

awards

2025 Drammen Kommune - Kulturstipendet 2025
 2023 Oslo Jazzfestival - USBL young talent award
 2019 Sparebanken ØST - SPRANG talent award

records

2025 Ole Morten Vågan Trondheim Jazzorchestra
 2025 Soon Means Now - ükya
 2025 Apt Opt Kroma - KRISE
 2025 Modærn Qualitet - Not Normal
 2024 Picking Flowers - Oda Steinkoph
 2024 We Come for an Experience of Presence by ükya
 2024 Brooks by BROOKS
 2023 Svartsymra by KRISE
 2023 SINT by Hilja
 2023 Zzz by LEAH
 2023 Red Tide by Three Souls

Highlights

Nov 2025 Not Normal concert at Dokkhuset
 Nov 2025 Europe tour with ükya 7 gigs in NL, GER, PL.
 Okt 2025 Midt-Norsk Jazzsenter tour with LEAH
 Sep 2025 Tour with Quintus in Trøndelag
 Aug 2025 Soloconcert at BlowOut festival Oslo
 Jul 2025 Trondheim Jazzorchestra Artist in Residence MoldeJazz
 Jun 2025 Emil Bø and Friends Motvind Festival
 May 2025 Sondre Lerche Special Guest at Nattjazz Bergen
 May 2025 Emil Bø Quintet Nutshell Bergen
 May 2025 Trondheim Jazzorchestra 25 years - concert, Jazzfest TRD
 Spring 2025 Peter Pan - Stargate to Neverland at Nye Hjorten Teater
 April 2025 Flukten Special Guest at VossaJazz 2025
 March 2025 KRISE at Porgy and Bess Vienna
 Nov 2025 Special Guest at Natere House Tokyo Japan
 Nov 2025 Special Guest at Jazzspot Dolhpy Yokohama Japan
 Nov 2024 Emil Bø Quintet at Victoria Nasjonal Jazzscene Oslo
 Oct 2024 Alpakka Ensemble plays Lene Grenager
 Sep 2024 ükya Europe tour
 Aug 2024 NOT NORMAL by Emil Bø Oslo Jazzfestival
 Aug 2024 Bigbang Olavsfest
 Aug 2024 Andreas Røysum Ensemble Øyafestivalen
 Jul 2024 SHARE improfest Aarhusjazzfestival (DK)
 Jun 2024 Circa teater 40 years anniversary
 May 2024 NTNU Jazzensemble vs STARGATE Jazzfest TRD
 Apr 2024 KRISE Klub Impuls (SE)
 Sep 2023 Accept It Brötzt (SE)
 Aug 2023 Supersonic Orchestra Special Guest in Portugal
 Aug 2022 XXL Large unit Paal Nilssen-Love at Oslo Jazzfestival

courses

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| Jul 2024 | International Jazzplatform Lodz Poland |
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| Aug 2021 | Nakademiet by Nakama Records |

other

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| 2025- | Boardmember NyMusikk Trondheim |
| 2025- | Boardmember Trøndelag Bigband |
| 2025- | Boardmember Trondheim Jazzforum |
| 2022-2024 | Curator of TBA concerts at Dokkhuset Scene Trondheim |
| 2022- | Artisthost at Dokkhuset Scene |
| 2022- | Lights - GrandMa2, GrandMa3 |
| 2021-2024 | Boardleader of PØKK - Concertseries |
| 2012- | Sound technician, Midas PRO2, Yamaha PM-series, A&H |

plans for 2026

For 2026 I have some main projects. The first one will be a new international trio touring in Europe in February with me, Jonas Evenstad and Camilla Nebbia. We will tour the 3rd week in February, starting of in Köln. Next will be a Japan tour in April with Kristian Enkerud Lien(gtr), Shinpei Ruike(trp), Shoji Hano(drms) and myself (trb). We will be touring out from Tokyo and will visit: Tokyo, Nagoya, Kyoto, Osaka, Okayama, Hiroshima, Fukuoka and back too Tokyo. In the fall of 2026 there is a tour with the new Modular project to Emil Miszk with gigs in Poland, Germany, Denmark and Norway. Before that there will also be a tour with the new band Myth and Logic, well be touring Norway and UK mainly. When I'm not touring I'm planing to use a lot of time at Rotvoll to make new music for my own projects. My Quintet is releasing a records this spring, so it will be natural to do a tour with that band in the fall of 2026.